



COMMUNITY MOTHERS PROGRAM - RECIPIENT

BECOMING A PARENT IS A HUGE MILESTONE! THERE WILL BE SOME AMAZING MOMENTS, AND SOME TOUGH ONES TOO. PREGNANT AND NEW MUMS NEED A RELIABLE SUPPORT NETWORK AND THAT'S WHERE OUR COMMUNITY MOTHERS PROGRAM COMES IN.

ABOUT THE PROGRAM

The Community Mothers Program is a free home visiting service across the City of Cockburn and City of Kwinana developed to support and encourage parents on their parenting journey.

The program works by matching you with a community mother who we feel would be a great fit for you and your family. They visit you at home on a monthly basis and will walk side-by-side with you in your parenting journey, offering confidential and non-judgemental support. They will also assist in connecting you to your local community, child health programs, parenting services and community groups as required.

The program is a community driven service, coordinated by Connecting Community for Kids. It commenced as a result of community consultation highlighting the need for this service.

WHO IS IT FOR?

The program is aimed at expectant mothers, or families with young children under 5, however we don't have any set criteria. You may be socially isolated, have post-natal depression, no family support or none of those things and just wish to have someone to talk to. Whatever the circumstances, we are here to create a safe and caring space for you. We accept both professional and self-referrals.

OUR COMMUNITY MOTHERS

Our volunteer community mothers are all mothers or experienced care givers, from a broad cross-section of the community. They all undergo a comprehensive recruitment process, two day training course facilitated by Curtin University School of Nursing and ongoing mentoring sessions.

HOW TO REGISTER

Email info@connecting4kids.com.au, or call Wendy on 0429 904 324.



COMMUNITY MOTHERS PROGRAM

RECIPIENT EXPRESSION OF INTEREST

| | |
|-----------------------------|--|
| Applicants Name: | |
| Address: | |
| Contact Phone: | |
| Email: | |
| Number and Age of Children: | |

Please provide any other information below that you would like to share with us:

All information provided will remain confidential.