

COCKBURN

COLLECTIVE IMPACT QUARTERLY REPORT CARD

Australian Early
Development Census
2018 results

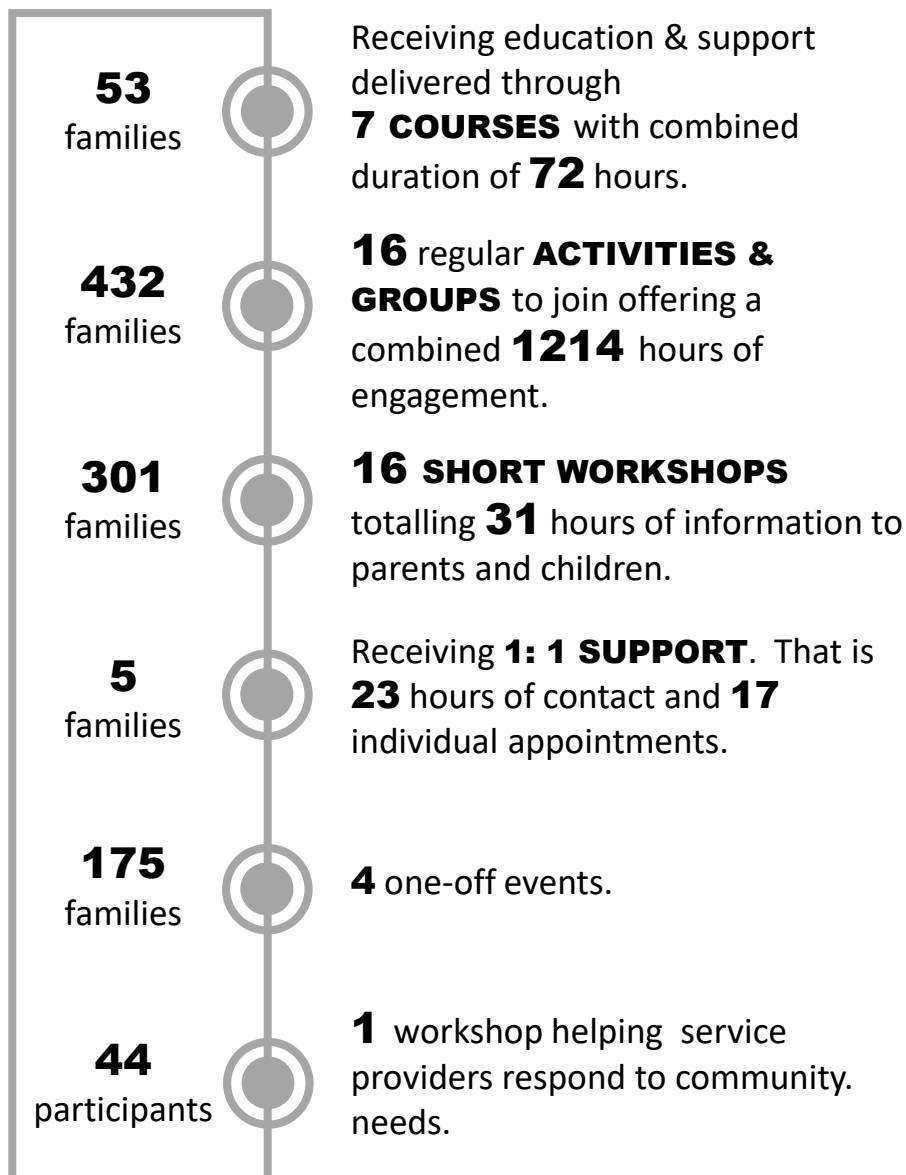


Less than 1 in 5
were developmentally vulnerable.
That's 16.9% of 5 year olds in Cockburn.

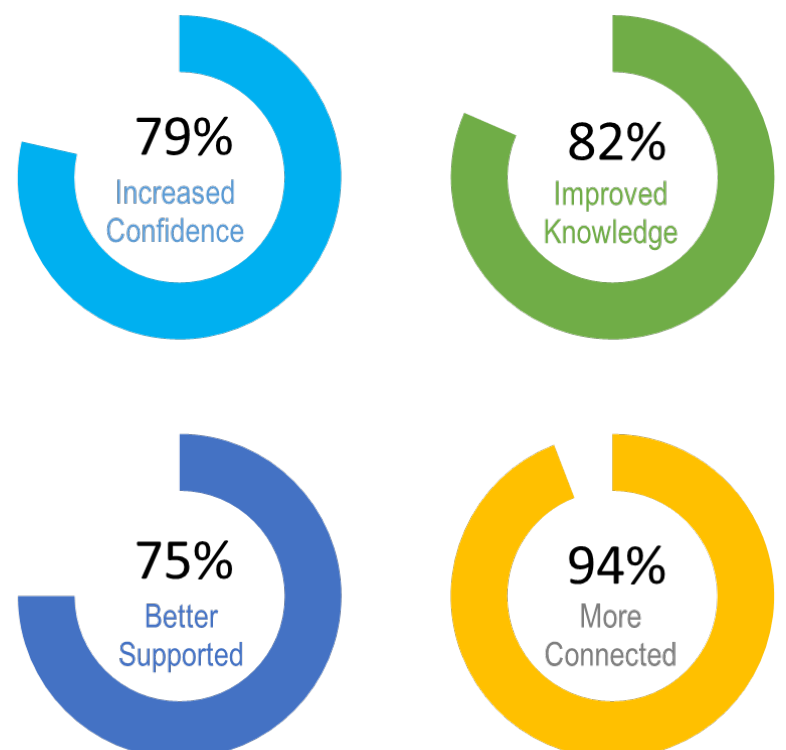
Working in and with the Cockburn community the Connecting Community for Kids collective impact initiative is focused on 4 community identified priorities.



APRIL TO JUNE 2019



AS A RESULT OF THE SUPPORT RECEIVED, PARENTS IN COCKBURN REPORT:



This report card is a collated summary from Joint Leadership partners answering the broad question "How many different families used these types of services during this period". The focus is activities that relate most directly to the overarching CCK goals and partnerships. Not all services and programs delivered by the provider are included and the data may not align with other activity reports of each individual service.

HEALTHY AND RESPECTFUL RELATIONSHIPS



Baby Makes 3 is a program that helps couples maintain a healthy relationship after the birth of their baby. It aims to promote equal and respectful relationships between men and women during the transition to parenthood. Mum, Dad and baby attend a two hour session, once a week for three weeks where information is provided by two group leaders (usually male and female). The program gives mums and dads the opportunity to share their experiences and hear from others who are going through the same journey. For many Dads, this is the first occasion to meet other first-time parents.

The evidence-based program has been introduced in Cockburn via New Parent Groups. Results from the courses held show attitudinal shifts and behavioural change has occurred for participating parents.

- 71% either agreed or strongly agreed that they had altered their attitudes regarding parenting roles and responsibilities
- 70% either agreed or strongly agreed that they communicate better with their partner
- 67% either agreed or strongly agreed that they had increased equality in the division of parenting tasks and responsibilities.

TRANSITION TO PARENTHOOD

RELATIONSHIPS

PEER SUPPORT

LINKING MUMS TO SERVICES



N is originally from India and attended Froggy's Fun on the Green from when her child was a baby. When her child was about 2 she was very upset and depressed struggling with parenting and her child's separation anxiety which was so bad that she didn't want to spend time with the dad. She expressed this to the Froggy playleader who, being involved in Cockburn parenting service, referred her to the Coordinator.

N enrolled in the 6 week Parenting by Connection course and since then has also linked up with another free Cockburn early years service – Beelias Hub, a drop in playgroup. She has started wearing make-up, is much happier, is well connected with other parents and recently her child was able to stay in a crèche and settled well.

This is an example of how a relationship a connections with those who run the programs can have a positive domino effect on a parent and ultimately the whole family.

PARENTAL STRESS

SERVICE COORDINATION

FAMILY OUTCOMES

CREATING SOCIAL COMMUNITIES



An initiative of 5 community members, the Social Toy Box brings our community together by providing a free box of sand pit toys for children to use at their local park. The toy boxes encourage fun and free play while providing children and adults the opportunity to meet new people and create friendships in their local neighbourhood.

Current locations are Ferres Reserve Bibra Lake, Ronsard Park Yangebup and Radonich Park Beelias.

To launch each Social Toy Box community events are promoted and held. The community also stay connected through an active facebook page. Each location has been well utilised and maintained by community. A further two locations will be launched in September. This was a Cockburn Creates project funded by the City of Cockburn.



COMMUNITY LED

CONNECTING COMMUNITIES

KIDS EXPLORING AND CREATING

DADS N KIDS CONNECT



Flip our 'hood project was a joint collaboration between Connecting Community for Kids, The Fathering Project and NursePrac Australia to engage dads in the community in outdoor play activities with their children. Importantly, the activities provided a place for dads to engage and network with other dads and learn more about men's health and wellbeing.

Four events were held: rock painting, nature scavenger hunt, native tree planning and bike repair workshop, with a total of 195 dads and kids participating across all events. This included one event held with Yangebup Family Centres Social Toy Box and another with the City of Cockburn. This was a Cockburn Creates project funded by the City of Cockburn.

As a result:

- 62% of dads felt more connected to other dads
- 69% felt more confident as a parent
- 77% learnt how to help their child do new things



SUPPORTING FATHERS

COMMUNITY CONNECTION

PEER SUPPORT

SUPPORTING REUNIFICATION THROUGH TRUST



Anne is a single parent with a young daughter. She was feeling socially isolated and during her time in hospital Anne was referred to Department of Communities and her daughter was taken into care.

Anne engaged with Meerilinga Parenting Services, participated in Circle of Security, and is receiving peer support through the Community Mothers Program and also Meerilinga parenting volunteer. During this time, as part of her reunification plan, Anne and her daughter also attended a supported playgroup at Meerilinga.

Anne was highly motivated to maintain contact with her daughter and to increase her skills and knowledge of parenting with the goal of having her daughter returned to her care.

This motivation and the parenting support she received facilitated positive outcomes. Anne and her daughter are now reunified.

"I felt respected, safe and supported by Meerilinga Parenting Service. I learnt to take a strengths based approach and to be adaptive and flexible with my child. I was able to build a strong and trusted relationship with Meerilinga Parenting Service in a short amount of time. This is a notable achievement as I have PTSD/C-PTSD and struggle to trust people, organisations and authority figures".

SERVICE COORDINATION

STRENGTHS BASED

CHILDREN ARE SAFE