

Connecting Community for Kids, in conjunction with the Fathering Project, run 'Dads and Kids Adventures' each month across the City of Kwinana and the City of Mandurah.

DADS and kids are being encouraged to come together with Connecting Community for Kids and the Fathering Project hosting monthly adventure programs in the cities of Mandurah and Kwinana.

The free events take place in different locations each week, with different activities scheduled.

The most recent Dads and Kids event was a walk through Black Swan Lake led by local George Walley from Mandjoogoordap

Dreaming. Mr Walley shared his cultural knowledge of the kaaleepga, or local heartland.

The Fathering Project's Kyle Drew said the events aimed to inspire fathers and father figures to play a more active role in their children's lives.

"The impact that a nursupportive and engaged father or father figure can have on a child's life is profound," he said.

"More effective fathers and father figures means a generation of kids with happier, healthier futures and can play a huge part in their child's mental well-being."

The events also support men to be physically and mentally active and provide an opportunity to connect with other dads and chat about their parenting journey in a relaxed environment.

The next Dads and Kids event is a tree planting day on Saturday, August 22 at Wells Park in Kwinana. RSVP via trybooking.com.