

BREATHE, BLOW, COUGH

WAKE UP IN THE MORNING...

1

Keyen

A deep breath in, a
deep breath out



2

Koodjal

Do a little wiggle,
shake it all about



3

Dambart

Grab some tissues,
close my Daa-r (mouth)
blow my moo-ly (nose)
make my tissue dance



4

Koodjal Koodjal

Make a Dtiljit (fish)
Moolymari (face)
pop, pop, pop



5

Maar

Maar (5) nice breaths,
Koodjal (2) good coughs



6

Maar Keyen

Now let's do some
Yonga (kangaroo) hops



7

Maar Koodjal

Wash my maaraka
(hands)

