

# DIY I SPY BAG

Coloured rice, sandwich bag, small items,  
masking tape



## HELPS YOUR CHILD TO DEVELOP ...

**Self regulating skills** by shifting their attention and focus on finding the items inside the bag which provides a distraction from things happening around them.

**Fine motor skills** while moving the rice in the bag and **visual processing and scanning skills** while trying to locate the objects.

### Ideas of when to use:

In the car, at doctor's waiting rooms, waiting for food, sitting in the shopping trolley or transitioning from one activity to the next.

Requires Adult Supervision. Contains small parts/choking hazard.  
Not to be consumed.